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# LEADERSHIP BEHAVIORS OF B.ED. TRAINEE TEACHERS IN RELATION TO SELF CONFIDENCE

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#### **Abstract**

This study determines the Leadership Behaviours of B.Ed. Teacher trainees in relation to Self-Confidence in Teacher training colleges, Chennai. Teachers' perceptions of their school principals' leadership behaviour were measured by the Leadership Behavior Questionnaire and Self Confidence Questionnaire prepared by the investigator. The sample was collected from various teacher education colleges in Chennai. A Linear Regression analysis proved that there is a significantly positive relationship between the Leadership Behaviour and Self-Confidence of B.Ed. Teacher Trainees.

*Keywords:* B.Ed. Trainee Teachers; leadership; behavior; Self-Confidence.

#### 1. Introduction

The perception of leadership dates back 5000 years to Egyptian pictograms in which the words (seshemu) "leader" and (seshement) "leadership" are used (Bass, 1990). For a long time, leaders were believed to be fortunate and honoured men, born to be leaders through the vision of their intelligence, the exquisiteness of their art, the competence of their leadership, and, most important, their divine inspiration. This was the assumption behind 'The Great Man Theory' (Burns, 1978).

The shift from developing teaching skills to developing leadership is a significant change from what teachers have historically experienced (Harris, 2003; Helterbran, 2010), and traditional school norms such as egalitarianism, seniority, and autonomy can affect teachers' response to teacher leadership (Weiner, 2011). Leadership can be cultivated from the beginning of teachers' careers (Hummel, 2009).

Self-confidence has been defined in several ways throughout the literature. These definitions generally involve belief in one's own abilities to perform (Bandura, 1977; Chemers, et al., 2000; Clark et al., 2008). The more generalised form of self-confidence, where there is a generalised belief in one's ability

# 1.2 Leadership behaviour and Self- Confidence

Self-Confidence is an amalgamation of intrinsic and extrinsic motivation of oneself. Research in the mid-twentieth century, on which this study is mainly based, has produced strong indications that school administrators are effective factors in teachers' extrinsic motivation and Self-Confidence (Brown, 1967; Fast, 1964; Greenfield, 1968; Keeler & Andrews, 1963; Seeman, 1957). According to Fast (1964) "consideration" and "initiation of structure" behaviors of Teacher trainees positively relate to satisfaction. Stromberg (1967) obtained a significant relationship between teachers' morale and the attitudes of Teacher trainees towards "consideration" and "initiation of structure".

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Organizational literature has examined the role of self-confidence in supporting leadership ability in formal management roles. It has been found that good managers tend to have leadership ability as a consequence of strong self-efficacy (Beeftink, Van Eerde, Rutte, and Bertrand, 2012; Schyns and Sczesny, 2010).

# 1.3 Purpose of the study

Based on research done in various contexts, the present study focuses on the leadership behaviors of school principals in relation to teacher Self-Confidence. It investigates the existence of a significant relationship between the perceived leadership behaviors of school principals and expressed Self-Confidence of the teachers. Social self-confidence, sometimes termed social self-efficacy, is a strong belief in one's ability to interact in social settings to build and/or maintain interpersonal ties (Bandura, 1993; Gecas, 1989; Paridon et al., 2006; Wright, 1975). People with low social self-confidence tend to be more susceptible to the influence of others (Gecas, 1989; Pool et al., 1998).

Higher levels of social self-confidence may lead a person to emerge as a natural leader with an ability to influence the decisions of others remains unexplored. It has been found that good managers tend to have leadership ability as a consequence of strong self-efficacy (Beeftink, Van Eerde, Rutte, and Bertrand, 2012; Schyns and Sczesny, 2010

The study aims at involving teacher trainees from various teacher education colleges in Chennai. The idea is to collect comprehensive data to be able to comment on the relationship between the leadership behaviors of teacher trainees on their Self-Confidence.

### 1.4 Research question

Is there a significant relationship between leadership behaviors of B.Ed. teacher trainees and Self-Confidence.

#### **Hypothesis:**

- **H1:** There is no significant relationship between Overall leadership Behaviour and its dimensions namely interpersonal skill, computational skill and administrative skill, and Self-Confidence of B. Ed teacher trainees.
- **H2**: There is no significant relationship between Leadership Behaviour and its dimensions namely Interpersonal Skill, Conceptual Skill, and Administrative Skill and Self Confidence among B. Ed teacher trainees

#### 1.5 Method

A sample of 221 people was sourced from three different Teacher education colleges in Chennai. Participants were provided with the questionnaire prepared by the investigator to examine their leadership behavior and self-confidence. The sample comprised 150 female teacher trainees and 71 male teacher trainees. The survey instrument consisted of several multi-item measures along with demographic questions intended to allow the assessment of sample quality. The questionnaire prepared by the investigator to measure Leadership behaviour (45 Questions) consists of three dimensions namely Interpersonal Skill, Conceptual Skill, and Administrative Skill and Self-Confidence (45 Questions) All items are measured on a five-point Likert scale ranging from Strongly Disagree to Strongly Agree.

#### **Procedure**

Participants were approached online (Google Forms). Once they had accepted the invitation to participate, they completed the multi-item measures and demographic questions. Upon completing, Participants were prohibited from completing the survey more than once. The data obtained was decoded and subjected to statistical analysis using SPSS. Correlation was utilized to identify the relationship between Leadership behaviour and Self-confidence. Regression was performed to identify the level of the prediction made by leadership behaviour on the self-confidence of teacher trainees.

#### **Findings**

**H1:** There is no significant relationship between Overall leadership Behaviour and its dimensions namely interpersonal skill, computational skill and administrative skill, and Self-Confidence of B. Ed teacher trainees.

Table 4.4

Variables	Inter Personal Skill	Conceptual Skill	Administrative Skill	Overall Leadership Behaviour	Overall Self Confidence		
Inter Personal Skill	1	0.479**	0.853**	0.893**	0.462**		
Conceptual Skill	0.479**	1	0.558**	0.766**	0.534**		
Administrative Skill	0.853**	0.558**	1	0.942**	0.512**		
Overall Leadership Behaviour	0.893**	0.766**	0.942**	1	0.577**		
Overall Self Confidence	0.462**	0.534**	0.512**	0.577**	1		
**. Correlation is significant at the 0.01 level (2-tailed).							

The results of the inter-correlation analysis presented in table 1 show that there is a positive correlation between the variables Overall leadership Behaviour, its dimensions namely interpersonal skill, computational skill and administrative skill, and Self-Confidence of B. Ed teacher trainees. The variable Overall Leadership behaviour has a significant positive relationship with self-confidence (r=0.577, p<0.01) indicating that variables namely, overall leadership behaviour and self-confidence are significantly related to each other.

# H2: There is no significant relationship between Leadership Behaviour and its dimensions namely Interpersonal Skill, Conceptual Skill, Administrative Skill, and Self Confidence among B. Ed teacher trainees

#### **Table 2.1 (a)**

Table showing the regression for Overall leadership behaviour and self-confidence within the entire sample.

## **Model Summary**

Model	R	R Square	Adjusted R Square	Std. Error of the		
				Estimate		
1	0.651 <sup>a</sup>	0.424	0.423	16.158		
a. Predictors: (Constant), Overall Self Confidence						

#### **Table 2.2 (b)**

Table of ANOVA testing the significance of the regression between Overall leadership behaviour with self-confidence

Model		Sum of Squares	df	Mean Square	F	Sig.
	Regression	225654.313	2	112827.156	432.139	$0.000^{b}$
1	Residual	306258.613	1173	261.090		
	Total	531912.925	1175			

a. Dependent Variable: Overall Self-Confidence

b. Predictors: (Constant), Overall Leadership Behaviour

Table 2.3 (c)
Table showing the significance of coefficients in the regression equation.

Model	Unstandardized Coefficients		Standardized Coefficients	t-Value	Sig.
	В	Std. Error	Beta		
(Constant)	44.232	4.601		9.613	P<0.01
Overall Leadership Behaviour	0.453	0.028	0.407	16.036	P<0.01

a. Dependent Variable: Self Confidence

The Regression "R" value is 0.651 and the F test (F = 432.139) is significant at (p<0.01). The variable Leadership Behaviour explains 42% (R square = 0.424) of the variance in self-confidence. The table of co-efficient also indicates that the coefficient of the independent variable is significant at (p<.01) pointing out a positive relationship with self-confidence. Leadership Behaviour (Beta 0.407) seems to play a vital role in predicting the Self-Confidence of B.Ed teacher trainees.

The following regression equation has been formed to predict tested self-confidence in terms of the variable leadership behaviour.

 $Y = 44.232 + 0.453X_1$  where Y = Self Confidence,  $X_1 = Leadership$  Behaviour

#### Recommendations

The following recommendations can be made based on the findings of this study:

- 1. The findings of this study should be used in the selection, training and appointment of B.Ed Teacher Trainees because awareness of teachers' perceptions and expectations could lead to better school administration and effective education.
- 2. Findings of this study should be made available to authorities responsible for making educational policies and/or designing staff training and development programs;
- 3. Educational policymakers should offer pre-service training that focuses on the all-around aspect of an effective teacher.

#### **Conclusion**

The teaching profession is the most important profession as it molds all other professions and plays a significant role in the developmental process of the future generation. Hence, the teacher training program needs to focus on the development of leadership qualities and self-confidence of the student teachers in order to prepare them as global teachers.

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